



*GROW
YOUR
SOUL
and
SERVE
THE
WORLD*

2019 Winter/
Spring Brochure

classes • forums • groups • service • events • calendar

2018-19 Monthly Themes

Find monthly theme packets including readings and poetry at wbuuc.org/themes
or at the Welcome Center in the Atrium.

The intention of the themed year is to help Unitarian Universalists build a robust spiritual and ethical vocabulary. The themes are not “topics,” but instead points of departure for religious liberals seeking to think, speak and act theologically, prophetically and prayerfully. The themes reclaim religious language, casting old terms in a new key to deepen spiritual grounding and sharpen moral reasoning. Each theme includes a practice which helps to provide a point of reflection and embodiment of the theme.

We engage these themes in Sunday worship, small groups and classes, religious education, committees and leadership, and personal spiritual practice.

September	SANCTUARY	The Practice of Finding Home
October	FAITH	The Practice of Living the Questions
November	IDENTITY	The Practice of Telling Our Stories
December	SILENCE	The Practice of Waiting
January	PURPOSE	The Practice of Listening for Our Calling
February	COMPASSION	The Practice of Crossing Borders
March	SPIRIT	The Practice of Breathing
April	MAGIC	The Practice of Changing
May	WORSHIP	The Practice of Paying Attention
June	FREEDOM	The Practice of Living Out Loud

Theme Circles are gatherings of 6-8 adults meeting monthly in a facilitated conversation. Guided by a simple format and a packet of readings, poetry, and reflective questions, each circle is led by a trained facilitator in a practice of listening and sharing. Circles engage the largest questions of life—hope simplicity, covenant, mortality, spirit, salvation, prayer, and more—in a Unitarian Universalist key. Find past theme packets at wbuuc.org/themes and watch for new fall postings.



Theme Circle Availabilities 2018-19

3 rd Sundays*	12:30pm – 2:30pm
3 rd Mondays	10:00am – 12:00pm
3 rd Tuesdays	1:00pm – 3:00pm
3 rd Wednesdays	6:15pm – 8:15pm
3 rd Wednesdays*	6:15pm – 7:15pm

* *Childcare available.*

Sign up for a Theme Circle at wbuuc.org/sign-up or on Sundays at the GYS table in the Atrium.
Contact Rev. Sara Goodman (revsara@wbuuc.org, 651-426-2369 x. 103) with questions.

Opportunities for Spiritual Development

Sign up for classes & groups at wbuuc.org/sign-up or at the “Grow Your Soul” table in the Atrium. Childcare and programming available every Wednesday night, and Sunday afternoons upon request.

New Member Classes

2nd Sundays* | 12:30-2:30pm

A two-session class, Session I explores our church’s history and mission and Unitarian Universalism, and Session II focuses on the meaning of membership and getting engaged in the church, with a book signing ritual. After participating in Session I, you can take Session II at any time. A light lunch and childcare are provided! * The May class is held on the first Sunday of the month. Contact Jack Gaede (jgaede@wbuuc.org, 651.426.2369 x. 110) with questions.

Membership Class Dates 2018-2019

October 14.....	Membership I
November 11	Membership II
December 9.....	Membership I
January 13.....	Membership II
February 10.....	Membership I
March 10	Membership II
April 14.....	Membership I
*May 5	Membership II
June 2.....	Membership Recognition Ceremony at Annual Meeting

Facing Race Reflection-Discussion Group— Who are your ancestors? Are you sure?

First Sundays at 12:30pm in the Wheatley Room

We promote racial justice in a variety of ways, including small groups, workshops, education, public witness, and personal reflection. We build our Beloved Community by reflecting on and engaging issues of privilege, oppression, and collective liberation. This year, on the first Sunday of each month, we’ll discuss one article together, inquiring “what does this ask of me, and of our community?” Light refreshments provided.

Immigration Discussion: *Tell Me How It Ends*

The Call to Sanctuary Work Reflection-Discussion Group

Sundays: Jan. 27, Feb. 24, Mar. 24, Apr. 21 at 12:30pm

We are a Sanctuary Church. How does our work fit into a larger context of immigration justice in the United States? What systems operate to create a need for sanctuary? What questions do we ask ourselves about the work? How will we continue to “cross that line” over and over again? Beginning in October, we will explore the reality of immigration in the United States, using WBUUC’s Sanctuary Church Statement of Purpose and *Tell Me How It Ends: An Essay in Forty Questions*, by Valeria Luiselli, an account of her work with child asylum-seekers and her own immigration story. Feel free to bring your own lunch; light refreshments will be provided. Please sign up to join the discussion at the table in the Social Hall, where you can also find copies of the WBUUC Statement of Purpose and information on how to acquire a copy of *Tell Me How It Ends*. Tentative dates for future sessions are as follows: October 21, December 16, January 27, February 24, March 24, April 21. With questions, contact facilitator Hope Safford at hoper333@msn.com.

Living in the Age of Climate Change

Potluck Lunch and Conversation with Sara Goodman

Saturday, February 9, 12-3pm—Social Hall

Join us for a potluck lunch and share your experiences and emotions about living in an age of disruptive climate change. How do we come together to cope with the realities of life in this age? How can we transform grief, anxiety, and paralysis into productive hopeful action? To RSVP email revsara@wbuuc.org. If you are interested but cannot attend, please let us know.

What Makes a Minister?

Panel Conversation with Jack Gaede, Sara Goodman, and Victoria Safford

Thursday, March 14, 7-9pm

Candidates for UU ministry jump through many fiery hoops on the path toward Ministerial Fellowship and ordination, including seminary training toward a Master's of Divinity degree; clinical pastoral training in a hospital, nursing home, prison, or other chaplaincy setting; and a year-long internship. The process culminates in an interview with the UUA's Ministerial Fellowship Committee, at which questions about theology, UU history, personal character, ethics, arts and culture, and more may be asked. Join Jack, Sara, and Victoria as we attempt to answer some of these questions together in a panel format—and feel free to bring us questions of your own!

“This Is No Time for a Casual Faith”

Unitarian Universalism Here and Now, with Victoria Safford

Thursday, April 11, 7-9pm

Join Victoria for a conversation about Unitarian Universalism in the present moment, and what may lie ahead. We will look at two recent articles critiquing contemporary liberal religion, and add our own voices, experience, questions, and responses to the mix. Can we defend a UU faith? The articles are Andrew Sullivan's "America's New Religions" (*New York Magazine*, 12/18); and Ross Douthat's "The Return of Paganism" (*New York Times*, 12/12/18). All are welcome to participate, whether you do any advance reading or not!

<http://nymag.com/intelligencer/2018/12/andrew-sullivan-americas-new-religions.html>

<https://www.nytimes.com/2018/12/12/opinion/christianity-paganism-america.html>

The Parable of the Sower & The Parable of the Talents:

Octavia Butler's Future Meets Our Present Time

Book Discussion with Victoria Safford

Thursdays, May 16 and 23; 7-9pm

African American sci-fi master Octavia Butler died in 2006, and wrote her landmark novels *The Parable of the Sower* and *The Parable of the Talents* in the 1990's, but her dystopian 21st century bears strange and uncanny resemblance to our current moment. Join Victoria for a two-part discussion of these beautiful, disturbing novels and how their moral, political, and spiritual universe challenges and illuminates our own.

IN THE FALL

Living with Grief

7 Sundays | 1pm-2:30pm

The most universal human experience we share is the death of a loved one. We will explore the often bewildering process of grief with readings, poetry, and sharing the personal experience of loss. Our hope is that “a grief shared will be a grief diminished.” Even if you’ve been part of this group in the past, we welcome you to come again, as your journey of healing continues. Facilitators: Jo Ford, MSE and Sheryl Niebuhr, PhD.

Our Wellspring Spiritual Deepening program is on hold for now, although we do anticipate starting it up again soon. If you are interested in facilitating it contact Rev. Sara Goodman at revsara@wbuuc.org.

UU Wellspring

Spiritual Deepening for the UU Soul

“What will you do with this one wild and precious life?” asks the poet Mary Oliver. UU Wellspring™ is a 10-month program of distinctly Unitarian Universalist spiritual development designed to help participants answer that provocative question. The program celebrates the depth and breadth of our rich religious tradition, and asks us to strive to understand our beliefs and align them with our actions, inspiring us to articulate what they call us to do in the world.

UU Wellspring incorporates five elements designed to balance a knowledge of UU history and theology with personal spiritual practice and engagement with the world:

- A commitment to daily spiritual practice
- Participation in a small-group community twice a month
- Individual work with a spiritual director
- Readings and resources for knowledge and reflection
- Reflection and commitment to live out our values in the work

Welcome Table Wednesdays

Every Wednesday | 5:30 Dinner | 6:15 Forum

Donation suggested to cover costs, but all are welcome regardless of ability to pay.

Wednesday Night Programming for Children and Youth

For Babies and Toddlers: Nursery Care provided by our loving staff from 6:15pm to 7:45pm.

For School-age Children: Homework/Soulwork—Spiritual practice, homework help, and crafts from 6:30 to 7:30pm. Interested in tutoring or sharing your spiritual practice? Contact dre@wbuuc.org.

For Teens: Grow and serve with PeaceJam, YAC, social justice projects, and other opportunities. For more information contact dre@wbuuc.org.

Upcoming Wednesday Night Forums

- Jan. 9** **Intergovernmental Panel on Climate Change**
We will begin with the review of the recent IPCC report, and then discuss a list of topics from the IPCC report that individuals and households could continue to pursue, to address Climate Change in our own lives.
- Jan. 16** **Drop-In Theme Circle**
Theme Circles are gatherings of adults gathered to have deep conversations about the monthly themes. This Theme Circle is designed for members to drop-in when they are available to participate. We'd love for you to join us!
- Jan. 23** **Let's Talk About Sex, Baby**
Unitarian Universalists aren't shy about talking about sex...uality education! In fact we developed Our Whole Lives (OWL) sexual education curricula for lifespan education from Kindergarten through adulthood, (soon to come for older adults, too). Learn about how we at WBUUC use the OWL curriculum with children and youth, and learn more about the upcoming Young Adult OWL program.
- Jan. 30** **Why It's So Hard for White People to Talk About Race**
Join Victoria Safford for an introduction to the latest work by Professor Robin DiAngelo on dismantling white supremacy. Our Board of Directors is reading her new book this year, *White Fragility*. DiAngelo's particular interest is white, well-meaning, well-educated liberals (*ouch!*) Come learn why we find her work transformative.
- Feb. 6** **First Wednesday Vespers**
Join Rev. Sara Goodman and Tehya Daniels for a contemplative worship experience on the monthly theme of Compassion: The Practice of Crossing Borders.
- Feb. 13** **Social Action Forum**
The Social Action Committee will present a forum to be determined.
- Feb. 20** **Drop-In Theme Circle**
See Jan. 16.

Ongoing Small Groups

NEW GROUP!

***The Good Place* for Young Adults**

Tuesdays Beginning February 5 | 7-8:30pm |

Season 1 (13 weeks)

With Sara Goodman

Come watch and discuss *The Good Place* with other 20-30-year-old young adults. The show's premise is "When Eleanor Shellstrop finds herself in the Good Place, it doesn't take long for her to realize she's there by mistake. Determined to stay, she tries to become a better person." Join us for this weekly watch party and discussion group. We will watch one episode a week, eat pizza, and discuss the philosophical and moral implications of the episode.

Men's Group

1st & 3rd Tuesdays at 12:30pm

2nd & 4th Tuesdays at 7:00pm

A group to make connections, deepen friendships and build community, through sharing, learning and support. * No meetings on Dec. 25 or Jan 1.

Contact: Steve Kahn (stevekahn@comcast.net)

Parents Group

2nd Wednesdays | 5:30 Dinner, 6:15-7:15 Circle

A circle of parents of young children and youth to explore spirituality and parenting.

Contact: Amy Peterson Derrick (dre@wbuuc.org)

Third Thursdays for 60+

3rd Thursdays | 11:00am-1:00pm

A group for those 60+, including a delicious lunch, discussion and occasional speakers, led by our ministers. This is a wonderful way to connect with others!

Contact: Rev. Sara Goodman (revsara@wbuuc.org)

Second Monday Discussion Group

2nd Mondays | 12:00-2:00pm

An open book group reading various books throughout the year. Readings regularly provided.

Contact: Anita Braunstein (anitabraunstein@gmail.com)

Shamanic Drumming

1st Mondays | 10am and

3rd Tuesdays | 7pm

A group participating in the ancient practice of shamanic drumming for meditation and spiritual exploration. Attend either or both sessions.

Contact: Nancy Hauer (nancy@rookhouse.org)

Sunday Sitting Meditation

Every Sunday | Between Services | Quiet Room

A small meditation group, open to everyone. Drop in anytime. *Does not meet on Sundays when there is only one service.

Contact: Julie Vinar (julie.vinar@gmail.com)

Women's Book Group

2nd Mondays | 7-9pm

A group reading a variety of books written by women, chosen by the group, focusing on books which are affordable or at a library.

Contact: Dana Jackson (danaleej3@gmail.com)

Women in Transition

1st Thursdays | 1:30pm

The women in transition group is an outgrowth of the women in retirement transition group. It is peer led. The intention of the group is to share resources and interests in this significant life transition. Women of any age are welcome!

Contacts: Sue Mielke (shmielke@comcast.net) or Ann Galloway-Egge (agallowaye@hotmail.com)

WomenSpirit Circle

2nd Tuesdays | 7-9pm

A group supporting women in exploring their spiritual origins, experiences and beliefs in community. Meetings open to all women of WBUUC.

Contact: Carol Marsyla (carol.marsyla@gmail.com, 651.253.4200)

Unitarian Universalist Voices

4th Wednesdays | 7:30-9pm

An open group to discuss various voices from our UU heritage, with readings regularly provided.

Contact: Victor Urbanowicz (vurbanowicz@yahoo.com)

Serve the World

Opportunities for Engagement

Sign up for service opportunities at wbuuc.org/sign-up.

Cookie Bakers & Dough Makers | 2nd Saturdays, 9:00am-12:00pm

Join a crew of bakers to make cookies for social hour after services. Bring dough that we can bake and join in the fun! Children over 8 and youth are always welcome. If you cannot come on Saturday morning, we welcome cookie dough to be dropped off Wednesday, Thursday, or Saturday morning.

Contact: Roger Upham (rupham@comcast.net)

Front Office Volunteers | Weekdays

Support the church by offering hospitality in the office, including answering phones and assisting various program projects, with direction from staff.

Contact: Doris Petrie or Laura Stone-Jeraj (volunteer@wbuuc.org, 651.426.2369)

Global Climate Change Committee | Monthly Meetings

Join other WBUUC members and friends to promote understanding of the causes and effects of greenhouse gas pollution, inspire individual and collective action to reduce carbon emissions, and eliminate climate injustice.

Contact: Kirk Cobb, Chair (krkcbb@aol.com)

Land Stewardship Committee | Monthly Meetings, Bi-Weekly Work Days from May through October

Work with other WBUUC members and friends to protect, restore, and enhance the natural environment of the church grounds.

Contact: Jerry Condon, Chair (gerald.condon@gmail.com)

Memorial Reception Team | Various Dates

Help with set-up serving and clean-up for memorials for church members. Signing up will place you on an “on-call” list to help as you are able for special events. **Contact:** Susan Warweg (swarweg@msn.com), Jane Aufmuth (mnaufmuths@comcast.net), or Michele Madigan (mptnesttrvl@gmail.com)

Support for 3rd Thursday 60+ Group | Monthly, Ongoing

Help provide lunch, do setup, or prepare readings for the Third Thursday 60+ group that meets monthly. This can include preparing a meal and setting tables for approximately 25-40 people. Funds are provided by the church for food costs.

Contact: Rev. Sara Goodman (revsara@wbuuc.org)

Project Home | September Evenings and Overnights

Every year, families experiencing homelessness are our overnight guests during the month of September. Sponsored by Interfaith Action of Greater St. Paul, Project Home partners with WBUUC and 23 other faith communities in the east metro, each one providing a month of safe sleeping quarters and volunteer support for Ramsey County families facing homelessness. Coordinators and hosts are needed.

Contact: Rev. Victoria Safford (vsafford@wbuuc.org)

Providing Meals for People Incorporated | 2nd Mondays at 9:30am

Prepare and then serve a hot meal at People Incorporated to people experiencing homelessness, many of whom have mental illnesses.

Contact: Kate O'Reilly (sailingg2016@comcast.net)

Religious Education Volunteers | Wednesday Evenings and Sunday Mornings

Join this year's team of volunteers as we work to help our budding UUs on their amazing spiritual journey. Learn and grow alongside our children as you serve. Training is provided for lead teachers and assistants. Active involvement at WBUUC for at least 6 months and signed Ethics and Screening Forms are required.

Contact: Amy Peterson Derrick (dre@wbuuc.org or 651.426.2369)

Sanctuary Project | Various

Support immigrants without documentation who are at risk for deportation in a myriad of ways by providing, housing, food, transportation, companionship, guidance, medical and legal support, and work with other committee members to promote humane and just immigration reform.

Contact: Rev. Victoria Safford (vsafford@wbuuc.org)

Social Action Committee | Monthly Meetings

Engage in social and environmental action and witness in accordance with Unitarian Universalist principles. The Social Action Committee monitors the activities of ongoing work groups and identifies, initiates, and promotes new social action efforts for congregational involvement over the long term.

Contact: Jane Bacon, Co-Chair (JaneGBacon@msn.com)

Shuttle Drivers | Various Sundays

Help provide a shuttle from the District Education Center (at the corner of Maple and 244) to the church on Sundays. The first service shuttle driving runs 8:10-9:00 and then continues from 10:15-10:45. The second service driving runs 10:30-11:00 and then continues from 12:15-12:45.

Contact: John Bauhs (bauh0002@umn.edu)

Special Services | Various

We welcome your participation—and your help—with any of these celebrations: Blessing of the Animals, The Day of the Dead, A Playlist of Resistance, Veterans' Observance, Black Friday Service, The Winter Solstice, and Christmas Eve (see pages 9-10). To take part as a reader, speaker or musician, and help with the potluck meals, wrangling animals, and more, please contact Victoria Safford at vsafford@wbuuc.org or 651.426.2369 x 101.

Sunday Morning Welcome Team | Once Per Month

A team of welcomers to help with many roles: hand out orders of service, usher in the sanctuary, help direct newcomers around the building, and welcome visitors at the welcome center.

Contact: Dee Debroux (DeeSault@gmail.com)

Wednesday Night Dinner Cook & Clean Team | Once Per Month

A monthly team hosting the Wednesday evening dinner. This may include set-up, food preparation, serving, and cleaning. There are many ways to help. Dinners are Wednesday evenings, mid-September through early June.

Contact: Roger Upham (rupham@comcast.net)

Special Services & Upcoming Events

Monday, Jan. 21 **Martin Luther King, Jr. Breakfast**

Join us in honoring the life and legacy of Dr. Martin Luther King, Jr. through an interfaith community breakfast including dynamic speakers, inspirational music, and a delicious meal.

Saturday, Feb. 2 **Joyful Noise Presents: Dean Magraw with special guest Carol Caouette**

WBUUC's first triennial guest musician, Dean Magraw will bring his beautiful "heavy meadow" vibe to our stage, featuring his original solo guitar songs; Carol will add some gospel, R & B vocals and—*watch out*—even some Jimi Hendrix!

Thursday, Apr. 18 **Circle of Laments Service**

The Circle of Laments is a contemplative evening service for adults, echoing Christian and Buddhist traditions, with music, silence, drumming, and prayer.

Friday, Apr. 19 **Freedom Seder**

Our Passover Seder is a community meal, a celebration, a beautiful spring ritual for adults and families. We need help with shopping, cooking, setting up, and cleaning up. Our UU Seder extends the story of freedom and exile into the present day, incorporating the voices of contemporary refugees and immigrants from all over the world within the ancient Jewish story.

Sunday, Apr. 28 **Earth Day Celebrations**

Join us for activities and information about our planet in the atrium following Sunday services.

Sunday, June 2 **Closing Sunday—Flower Communion followed by the Annual Meeting**

One service only at 9am. Bring a stem from your garden, from the roadside or from a store, to add to our common bouquet. Annual Meeting immediately afterward in the Sanctuary. Hear the highlights of the year; honor the commitment of dedicated lay leaders with your presence and the power of your vote; own the vision and mission of our congregation by affirming the budget and the program it empowers.



2018-19 WBUUC Congregational Calendar

For the most current information visit:

www.wbuuc.org/calendar

Sunday, January 13, 2019	Membership II	12:30 PM	Alcove
Sunday, January 13, 2019	Twin Cities Coming of Age at WBUUC	3:00 PM	Sanctuary
Saturday, January 19, 2019	Coming of Age Retreat	10:00 AM	Social Hall
Monday, January 21, 2019	Martin Luther King Breakfast	7:00 AM	Atrium
Sunday, January 27, 2019	Twin Cities Youth Event (Offsite)		
Sunday, January 27, 2019	Immigration Discussion: <i>Tell Me How It Ends</i>	12:30 PM	Wheatley #122
Sunday, January 27, 2019	Lay Leadership Gathering	12:30 PM	Social Hall
Saturday, February 2, 2019	Joyful Noise: Dean Magraw with Carol Caouette	7:30 PM	Sanctuary
Sunday, February 3, 2019	Coming of Age Dinner and Service		
Sunday, February 3, 2019	Facing Race Group	12:30 PM	Wheatley #122
Tuesday, February 5, 2019	<i>The Good Place</i> for Young Adults Begins	7:00 PM	Iowa Sisterhood #119
Saturday, February 9, 2019	Living in the Age of Climate Change	12:00 PM	Social Hall
Sunday, February 10, 2019	Membership I	12:30 PM	Alcove
Saturday, February 16, 2019	Youth Conference		Off Site
Sunday, February 24, 2019	Immigration Discussion: <i>Tell Me How It Ends</i>	12:30 PM	Wheatley #122
Sunday, March 3, 2019	Facing Race	12:30 PM	Wheatley #122
Sunday, March 10, 2019	Daylight Savings Time Begins		
Sunday, March 10, 2019	Membership II	12:30 PM	Alcove
Thursday, March 14, 2019	What Makes a Minister? Panel Conversation	7:00 PM	Wheatley #122
Sunday, March 24, 2019	Immigration Discussion: <i>Tell Me How It Ends</i>	12:30 PM	Wheatley #122
Sunday, April 7, 2019	Facing Race	12:30 PM	Wheatley #122
Thursday, April 11, 2019	This Is No Time for a Casual Faith: Conversation	7:00 PM	Wheatley #122
Sunday, April 14, 2019	Snowbird Reunion and Dinner		
Sunday, April 14, 2019	Membership I	12:30 PM	Alcove
Thursday, April 18, 2019	Circle of Laments		
Friday, April 19, 2019	Seder		
Sunday, April 21, 2019	Easter		
Sunday, April 21, 2019	Immigration Discussion: <i>Tell Me How It Ends</i>	12:30 PM	Wheatley #122
Sunday, April 28, 2019	Earth Day Celebrations		
Sunday, May 5, 2019	Facing Race	12:30 PM	Wheatley #122
Sunday, May 5, 2019	Membership II	12:30 PM	Alcove
Thursday, May 16, 2019	Octavia Butler Book Discussion w/ Victoria-part 1	7:00 PM	Wheatley #122
Thursday, May 23, 2019	Octavia Butler Book Discussion w/ Victoria-part 2	7:00 PM	Wheatley #122
Sunday, May 26, 2019	One service only!		
Sunday, June 2, 2019	Closing Sunday and Flower Communion		
Sunday, June 2, 2019	Annual Meeting	10:15 AM	Sanctuary