



White
Bear
Unitarian
Universalist
Church

THE WEEKLY NEWS

November 4 - 10, 2018

328 Maple Street | Mahtomedi, MN 55115 | Phone: 651.426.2369 | wbuuc.org

TODAY

9am & 11am Worship Services—Sanctuary
9am & 11am Religious Education—Wheatley
Between Services: Sitting Meditation—Quiet Room
12:30pm Facing Race—Wheatley
12:30pm Spanish Group—Quiet Room
12:30pm Living with Grief—Iowa Sisterhood
7pm Kindling Our Future—Sanctuary

TODAY

**First Sunday Facing Race Discussion Group
Today at 12:30pm in the Wheatley Room
Light Refreshments Provided**

Explore with other members of our spiritual community issues of racial inequity, white privilege, and collective liberation. Sign-up in the Social Hall. **Walk-ins welcome. See Facing Race Update in the Order of Service for more information.**

THIS WEEK

Monday

10am Shamanic Drumming—Sanctuary

Tuesday

12:30pm Men’s Group—Wheatley
6pm Gun Sense Action Group—Social Hall
7pm Adult Children of Alcoholics—Ballou
7pm WomenSpirit—Wheatley

Welcome Table Wednesday

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5:30pm Wednesday Night Dinner—Social Hall

Menu: Meat Loaf (Vegan Options Available), Mashed Potatoes, Vegetables, Salad, & Dessert

6:15 Wednesday Night Forum—Sanctuary

Nov. 7 | First Wednesday Vespers | Celebrate or commiserate the results of the mid-term elections, with a contemplative worship service.

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5pm Rehearsal: Harmonia—Foote
6:15pm Homework/Soulwork—Foote
6:15pm Soulwork and Story Telling—Channing
6:15 Grow and Serve Youth—Iowa Sisterhood
6:15pm Choir Rehearsal—Sanctuary
7:15pm Board Meeting—Jones
7:30pm Endowment Committee—Brown

Friday

Church Closed

Saturday

9am Cookie Bake—Kitchen

TONIGHT

Kindling Our Future | 7pm in the Sanctuary

All are welcome to join us for a pre-election evening of poetry, music, labyrinth walking, and reflection to fortify our spirits and rekindle our resolve in advance of the mid-term elections. Victoria Safford, Jack Gaede, Carol Caouette, and Chris Kasinger will host a beautiful lineup of powerful readings and shared music to guide us in the days ahead. We’ll give voice to our rage, our grief and fear, and also strong, embodied hope. Through singing and spoken word, we’ll spread the light of love. **Would you like to read? Do you have a poem reflecting on these times? Sign the clipboard in the Atrium after the service.**

NEXT SUNDAY

Membership II: Nov. 11, 12:30-2:30pm—Alcove

Join Assistant Minister Sara Goodman and Victoria Safford for the second of our two-part membership series. See back page for more information.

COMING UP

Spaghetti Dinner

Wed., Nov. 14 | 5:30-7pm meal service

Tickets on sale today in the Social Hall. See Religious Education section for more information.

Justice



Donations for Solid Ground

We are looking for donations of Birthday Cake mix, frosting, birthday candles, and small packages of party plates, cups and napkins to help fill our Birthday Bags for families at Solid Ground. Donations will be accepted at the RE Table in the Social Hall ahead of our birthday bag project as a part of our Black Friday service on Friday, November 23.

Project Home Thank You Addition

The October 7th list of Project Home volunteers was missing a significant number of dedicated congregants. The delay in our acknowledgement only increases our gratitude for their service and patience! **LEAD EVENING HOSTS:** Kathy Bednark, Lori Delahunt, Kim Gaitskill, Roxanne Hardy, Mark and Nancy Miller, Judy Smith, Maureen Tieskoetter, Blanche Tyson, Carol and Roger Upham, Sue Will **SATURDAY MORNING BREAKFAST COOKS:** Harlene Hagen (Lead), Mary Bolton, Virginia Podobinski, Diana Smith, Judy Smith



Clothing Drive for People Inc.'s Adults Experiencing Homelessness

Nov. 4 through Nov. 25

The folks at People Inc.'s Project Recovery are thrilled that we will be having a clothing drive again this year. They need jeans (men's and women's) warm jackets, boots, shirts, socks, mittens, hats and scarves. Once again, their closet is empty and the cold is coming. We sent an amazing amount of quality clothing last year, let's see if we can do it again. It is so deeply appreciated! Please bring donations to the Social Action bulletin board in the Social Hall.

Sandwich Squad Needs You!

The WBUUC youth group has been crafting sandwiches on Wednesday evening to feed students in need at Century College. This year we are sharing this valuable service with them, and are seeking members to join the Sandwich Squad! Materials are provided, we just need your sandwich skills! If you are interested, please contact Cynthia Tomlinson at ceeshtom1@comcast.net.

Adult Spiritual Development

Living with Grief

Sundays Through Dec. 9 | 1pm-2:30pm

The most universal human experience we share is the death of a loved one. We will explore the often bewildering process of grief with readings, poetry, and sharing the personal experience of loss. Our hope is that "a grief shared will be a grief diminished." Even if you've been part of this group in the past, we welcome you to come again, as your journey of healing continues. Facilitators: Jo Ford, MSE and Sheryl Niebuhr, PhD.

Shamanic Drumming and Journeying Monday, Nov. 5 at 10am—Sanctuary (*Just Added!*)

Tuesday, Nov. 20 at 7pm—Sanctuary

Explore ancient shamanic practices for spiritual guidance, healing, meditation, peaceful loving personal power, spiritual adventure, and fun! Bring your drum/rattle, or borrow one of ours. We meet twice monthly: first Mondays at 10am and third Tuesdays at 7pm. No experience necessary. Newcomers welcome. Contact Nancy, 651.426.4917, or Nancy@Rookhouse.org.

WomenSpirit Circle

Tuesday, Nov. 6, 7 - 9pm—Wheatley

WomenSpirit meets the first Tuesday of the month through May. Focused on supporting women in exploring their spirituality in community with others, WomenSpirit is open to all women. This month new church member Lynn Nelson will lead a discussion about *Getting Your Life into Balance*, based on a book she has written about matching how you spend your time with your goals and intentions. The book is available on Amazon. For more info, contact Lynn at 651.429.1363 or lnelson.linpr@gmail.com.

Second Monday Discussion Group

Monday, Nov. 8 at 12pm—Courtyard Room

The second Monday discussion group will be discussing *Enlightenment Now: The Case for Reason, Science, Humanism, and Progress* by Steven Pinker. New people are always welcome.

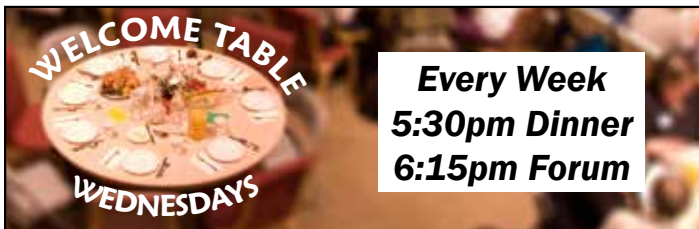
Third Thursdays: Welcoming All Adults 60+

Thursday, Nov. 15, 11am-1pm—Sanctuary

A monthly daytime group for those who are seeking additional connections and stimulating conversation around the spiritual and social aspects of aging and living purposeful lives. Ministerial staff introduce a topic with short readings and suggested questions which are then discussed in small groups. This one-hour program is followed by a light lunch in the Social Hall (suggested donation \$5.00). Assistance with chalice lightings, cooking, or clean up always appreciated. Contact Sara Goodman with questions (651.426.2369, revsara@wbuuc.org).

Men's Groups

The daytime group meets on the first and third Tuesdays at 12:30pm. The evening group meets on the second and fourth Tuesdays at 7pm. No meeting on the fifth Tuesday. Men's Programs are open to all interested men, no sign up required, new members always welcome. Contact Steve Kahn at 651.383.6120, stevekahn@comcast.net.



Upcoming Forums

Nov. 7 | First Wednesday Vespers

Join us to celebrate or commiserate the results of the mid-term elections, with a contemplative worship service.

Nov. 14 | Hospitality & Gratitude

Learn more about our congregation's experience with Sanctuary, and show our gratitude for the ongoing support our many volunteers have offered. Presented by the members of the Sanctuary Committee.

Nov. 21 | No Forum—Thanksgiving

Religious Education for Children & Youth

Wednesday Night Programming for Children & Youth

- **For Babies and Toddlers:** Nursery Care provided by our loving staff from 6:15pm to 7:45pm.
- **For School-age Children:** Homework/Soulwork—Spiritual practice, homework help, and crafts from 6:30 to 7:30pm. Interested in tutoring or sharing your spiritual practice? Contact dre@wbuuc.org.
- **For Teens:** Grow and serve with PeaceJam, YAC, social justice projects, and other opportunities. For more information contact dre@wbuuc.org.



**Spaghetti
Dinner
Tickets
on Sale Now!**

Spaghetti Dinner

Wed., Nov. 14 | 5:30-7pm meal service

Join us for a delicious spaghetti dinner presented by our high school youth in support of our Boston Bound Pilgrimage. Vegetarian and Gluten-free options available. Tickets on sale at church on Wednesday nights and Sunday mornings. The suggested donation is \$10/person to max \$30/family. **Volunteers needed!** Contact Amy Peterson Derrick at dre@wbuuc.org.

Music and Arts

Art Show: Tami Milbourn

This month the artist is Tamara (Tami) Milbourn, of White Bear UU Church who designed and developed 43 pictures, each telling a story. The total exhibit tells "The History of the Maya in Guatemala," which is the book she has written with text to accompany her images. Tami was in Guatemala several times in the 1980's and 1990's while engaged in Human Rights work during their civil war. She returned in 2018. Tami is an artist who uses many art mediums while creating her pictures. The best understanding of this consecutive story is to look for the "Start here" signs.

Call for November Monthly Theme Writing and Art

Have you visited the *Show Your Soul* online journal at www.wbuuc.org/show-your-soul? It's a beautiful running collection of WBUUC member writing and art and you can be part of it. November's theme is Identity: The Practice of Telling Our Stories. How do you tell your story? In Poetry? Art? Prose? Send your submission to: showyoursoul@wbuuc.org.

Community Announcements

The WBUUC Shuttle

Every Sunday from September to June, as well as for Christmas services, people can park in the lot at the corner of Mahtomedi Avenue and Maple Street and be driven to church by the WBUUC shuttle. We ask all to consider doing this so that our small lot can be prioritized for families with small children, folks with physical needs, and visitors. Email stevekahn@comcast.net to become a driver.

Bookstall—Invitation to Browse

The Bookstall has a variety of new inventory items, including the UUA Common Read for 2018-19: *Justice On Earth, People of Faith Working at the Intersections of Race, Class and the Environment*, an anthology of essays by Unitarian Universalists. The UUA selects a book that it encourages people in congregations across the country to read for increased opportunities for dialogue. Check out the broad selection of books in stock for adults and children after Sunday services.

Upcoming Membership Class Session II: Nov. 11

12:30-2:30pm—Alcove

Join Assistant Minister Sara Goodman and Victoria Safford for the second of our two-part membership series. Session II focuses on the history of WBUUC, the meaning of membership, and how the church can be a place that helps you grow your soul and serve the world. There is a ritual of signing the membership book and completing official church registration materials. Childcare is available for all of the sessions if requested.

Sign up at
wbuuc.org/classes
or in the Social Hall.

COMING UP

For the most current information, visit www.wbuuc.org/calendar

Sunday, Nov. 4.....	Kindling Our Future
Sunday, Nov. 11	Membership II
Wednesday, Nov. 14.....	Youth Spaghetti Dinner
Wednesday, Nov. 21.....	No Choir Rehearsal, No Dinner, No Programming
Thursday, Nov. 22	Thanksgiving, Church Closed
Friday, Nov. 23.....	Black Friday Service
Saturday, Dec. 1.....	Auction Party
Friday, Dec. 21	Winter Solstice Service
Monday, Dec. 24	Christmas Eve Services at 4pm, 6pm, and 10pm
Wednesday, Dec. 26	No Choir Rehearsal, No Dinner, No Programming
Monday, Jan. 21	Martin Luther King Breakfast
Saturday, Feb. 2	Joyful Noise: Dean Magraw with special guest, Carol Caouette



Saturday, December 1, 2018 - 4:00pm to 8:30pm

Thank you for your contribution to the Service Auction 2018!

Your donations form the core of our church's most engaging fundraiser. This year we are refocusing on services. These exchanges among our congregants weave our community together!

All donations will be reviewed by the auction committee for best use in the event.

A. The Giver, You!

First Name: _____ Last Name: _____

Phone: _____ Email: _____

If you wish to remain anonymous, please X here: _____.

B. The Gift

Service _____ or Item _____

Description: _____

Quantity of items/attendees: _____

Date(s) (mm/dd/yyyy): _____ Time: _____:_____ AM__ PM__

Estimated Value: \$_____ per each person event

Bonus donation: some service/item donors will provide a second donation if the bidding on their service/item goes above a certain value. Leave blank if you do not wish to participate.

Bonus value: \$_____

C. The 'Giving'

Once you have been approved (your item appears in the online catalog, check the website charityauction.bid/wbuuc2018Auction), please deliver items to the church for the committee to include **no later than Sunday, November 18th**. Service Auction volunteers will be there to receive things anytime **after services, or by arrangement**.

For items or services, pictures ahead of time are a must, because they will be entered into the online catalog.

Questions, call Josh Irish at 612-554-6485.

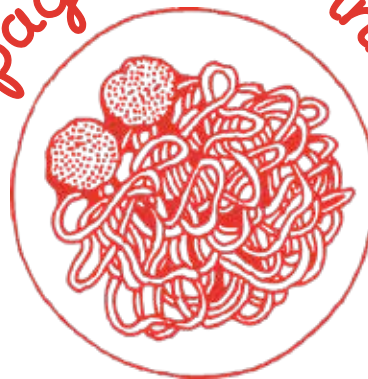
KINDLING OUR FUTURE

Sunday, November 4 at 7pm



Join us for a pre-election evening of poetry and music to fortify our spirits and rekindle our resolve.

Spaghetti Dinner



Wednesday, Nov. 14
5:30-7pm meal services

Support our youth Boston Bound Pilgrimage. Vegetarian and Gluten-free options available. Tickets available Wednesdays and Sundays. Suggested donation: \$10/person; max \$30/family

Volunteers needed!

Contact dre@wbuuc.org.

Black Friday at Church

Friday, November 23

10:00-11:00am—Sanctuary

What better way to truly make tangible our Thanksgiving gratitude than by taking part in *Buy Nothing Day* on “Black Friday?”

With music, poetry, prayers, and an autumn communion, we’ll share strategies and aspirations for curing “affluenza” and interrupting consumerism as the holiday season ramps up.

Children and adults all welcome!

SERVICE AUCTION 2018

Save the Date!

Saturday,
December 1,
4-8:30pm