



White
Bear
Unitarian
Universalist
Church

THE WEEKLY NEWS

Feb. 17 - 23, 2019

328 Maple Street | Mahtomedi, MN 55115 | Phone: 651.426.2369 | wbuuc.org

TODAY

9am & 11am Worship Services—Sanctuary
9am & 11am Religious Education—RE Wing
10am Sitting Meditation—Quiet Room
12:30pm Spanish Class—Quiet Room
12:30pm Theme Circle—Jones
12:30pm Youth Adult Committee—Ballou

THIS WEEK

Monday

10pm Theme Circle—Wheatley

Tuesday

12pm Men’s Group—Courtyard Room
1pm Theme Circles—Brown, Iowa Sisterhood
6:30pm Belonging and Community—Alcove
7pm Adult Children of Alcoholics—Ballou
7pm The Good Place/Young Adults—IA Sisterhood
7pm Shamanic Drumming—Sanctuary

Welcome Table Wednesday

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5:30pm Wednesday Night Dinner—Social Hall

Menu: Shepherd’s Pie (Meat & Veg. Versions, Both Gluten-Free), Salad, Bread, and Dessert.

6:15pm Wednesday Night Forum—Wheatley

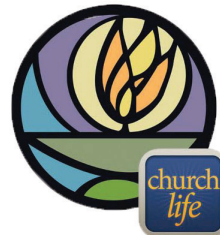
Feb. 20 | Drop-In Theme Circle

All are welcome to attend this theme circle where we will discuss February’s theme:
Compassion—the practice of crossing borders.
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6:15pm Choir Rehearsal—Sanctuary
6:15pm Grow & Serve Youth—Iowa Sisterhood
6:15pm Homework/Soulwork—Foote
6:15pm Soulwork & Story Telling—Channing
6:15pm Theme Circle Express—Brown
6:30 Sandwich Squad—Ballou
7:30pm UU Voices—Alcove
8pm Safe Congregation Training—Wheatley

Thursday

11am Third Thursday 60+ Group—Sanctuary



DIRECTORY HELP

Are you curious about how to access the church’s photo directory? Would you like to learn more about how to contact some of your fellow congregants? **Come check**

out the Genius Bar (aka the ACS Tech Table) in the Atrium the next few Sundays. Staff and tech savvy volunteers will be helping people learn how to access the database through their phone, their tablet, or a computer. We will try our best to answer your tech questions, help you update your contact information, and even upload a more recent photo for the directory.

NEXT SUNDAY

Sanctuary Work: Reflection-Discussion Group

Tell Me How It Ends:

The Call to Sanctuary Work

Sunday, Feb. 24 at 12:30pm—Wheatley

We are a Sanctuary Church. How does our work fit into a larger context of immigration justice in the US? What systems operate to create a need for sanctuary? What questions do we ask ourselves about the work? How will we continue to “cross that line” over and over again? In this group, we will explore the reality of immigration in the United States, using WBUUC’s Sanctuary Church Statement of Purpose and *Tell Me How It Ends: An Essay in Forty Questions*, by Valeria Luiselli, an account of her work with child asylum-seekers and her own immigration story. Feel free to bring your own lunch; light refreshments will be provided. Please sign up to join the discussion at the table in the Social Hall, where you can also find copies and information on the readings. With questions, contact facilitator Hope Safford at hoper333@msn.com.

Justice

Upcoming Special Collection

Sunday, Feb. 24: Area Food Shelves

Once a year, the WBUUC Sunday collection goes directly to hungry area families via our area food shelves. Our area is served by not only the White Bear Lake shelf, which serves about 600 families monthly, and the Mahtomedi shelf which serves another 75, but also the Century College shelf, which serves about 165 students a month who are experiencing food insecurity. In addition to the monthly distributions to families, both Mahtomedi and White Bear Lake shelves sponsor backpack programs that ensure qualifying children, who often rely on school breakfast and lunch programs, have enough to eat over the weekend. Our collection takes place in February, and the funds go to the food shelves in March, when they count the most. Every dollar donated to the shelves in March is doubled by Second Harvest Heartland.

Speaker on Immigration, the 2020 Census, and Fair Representation

Thursday, February 21 at 6:30pm at White Bear Lake City Hall, WBL

Mirella Ceja-Orozco, an attorney with the St. Paul Immigration Law Center, will discuss the upcoming census and the impact of adding a question about citizenship. Free and open to the public. Sponsored by WBL Area League of Women Voters.



WBUUC Week at Family Shelter

Volunteers are needed for Hope for the Journey Home, a family shelter located on the campus of Guardian Angels Church in Oakdale. Save the dates: WBUUC's week is Feb. 24 - Mar. 2. Sign up to volunteer in the Social Hall. **Safe Congregation training is REQUIRED to participate and will be offered on Wednesday, Feb. 20 8pm- 8:45pm. Sign up at <https://bit.ly/SafeCongB>.**

Why WBUUC Supports MICAH: How You Can Help

As a member of MICAH (the Metropolitan Interfaith Council on Affordable Housing) WBUUC works with numerous other churches to advocate for homeless and low-income people to government officials. In our area affordable housing is in short supply, yet housing is key to reducing poverty and helping children thrive in school. You can help by contacting your legislators to support housing bills. For more information, see the Social Action bulletin board in the Social Hall.

Adult Spiritual Development

We Want Your Opinion

Sundays, Feb. 17 & 24, Wednesdays Feb. 20 & 27

The Adult Spiritual Development Committee needs your help to focus our vision for the spiritual development of our congregation. Do you attend Wednesday night programming? What does it mean to you? Do you participate in Theme Circles? How does that influence your life? Do you not attend any kind of programming? What would appeal to you? Come to the table in the Social Hall to fill out a short survey and get a sweet reward.



The Good Place for Young Adults

Season 1 (13 weeks) with Sara Goodman

Every Tuesday, 7pm to 8:30pm—Iowa Sisterhood

Come watch and discuss *The Good Place* with other young adults in their 20s and 30s. The show's premise is "When Eleanor Shellstrop finds herself in the Good Place, it doesn't take long for her to realize she's there by mistake. Determined to stay, she tries to become a better person." Join us for this weekly watch party and discussion group. We will watch one episode a week, eat pizza, and discuss the philosophical and moral implications of the episode.

Shamanic Drumming and Journeying

Tuesday, Feb. 19 at 7pm—Sanctuary

Monday, Mar. 4 at 10am—Sanctuary

Choose Either or Both Times to Attend!

Explore ancient shamanic practices for spiritual guidance, healing, meditation, peaceful loving personal power, spiritual adventure, and fun! Bring your drum/rattle, or borrow one of ours. We meet twice monthly: first Mondays at 10am and third Tuesdays at 7pm. No experience necessary. Newcomers welcome. Contact Nancy, 651.426.4917, or Nancy@Rookhouse.org.

UU Voices

Wednesday, Feb. 20 at 7:30pm—Alcove

We will conclude our discussion of *Southern Witness: Unitarians and Universalists in the Civil Rights Era*, by Gordon D. Gibson. Most of this book describes how individual Southern congregations advanced Civil Rights and racial justice in their communities—often with courage, determination, and effectiveness. For the February 20 meeting, we will discuss the two closing chapters, titled “A Summary of Disparate Gifts” and “Revelation: What We Can Learn from What We Did.”

Third Thursdays: Welcoming All Adults 60+

Thursday, Feb. 21, 11am-1pm—Sanctuary

A monthly daytime group for those who are seeking additional connections and stimulating conversation around the spiritual and social aspects of aging and living purposeful lives. Ministerial staff introduce a topic with short readings and suggested questions which are then discussed in small groups. This one-hour program is followed by a light lunch in the Social Hall (suggested donation \$5.00). Assistance with chalice lightings, cooking, or clean up always appreciated. Contact Sara Goodman with questions (651.426.2369, revsara@wbuuc.org).

Upcoming Membership Classes

Membership Class: Session 2

Sunday, Mar. 10, 12:30pm-2:30pm—Alcove

New to WBUUC? Join the ministers for the second of our two-part membership series. Session 2 includes an overview of the history of WBUUC and focuses on the meaning of membership and how the church can be a place that helps you grow your soul and serve the world. There is a ritual of signing the membership book and completing official church

registration materials. To sign up for the class, email jgaede@wbuuc.org. Childcare available, but we must know by Mar. 3. Refreshments provided.

Next Membership 1: Sunday, Apr. 14.

Men's Potluck

Sunday, Mar. 10, 5pm—Social Hall

WBUUC Men's Programs is hosting a potluck and hopes you can join us. Good food, good conversation, a chance to meet new people and reconnect with those you know. You are welcome whether or not you have been part of any men's programs. Child care provided. RSVP by Feb. 24. Dads with school-aged children are specifically asked not to bring any food and strongly encouraged to come.

Religious Education for Children & Youth

Wednesday Night Programming for Children & Youth

- **For Babies and Toddlers:** Nursery Care provided by our loving staff from 6:15pm to 7:45pm.
- **For School-age Children:** Homework/Soulwork—Spiritual practice, homework help, and crafts from 6:30 to 7:30pm. Interested in tutoring or sharing your spiritual practice? Contact dre@wbuuc.org.
- **For Teens:** Grow and serve with PeaceJam, YAC, social justice projects, and other opportunities. For more information contact dre@wbuuc.org.



Sacred Text for Youth | Grades 9-12

Meets Monthly | 3pm-5pm

Mar. 10, April 14, May 5

Using sacred reading practices used in the popular *Harry Potter and the Sacred Text* podcast, we will explore texts, stories, and music used in worship. Join us for conversation, snacks, and fun. Led by Victoria Safford, Jack Gaede, and Amy Peterson Derrick. **Contact Amy at dre@wbuuc.org.**



Welcome Table Wednesdays

Every Week | 5:30pm Dinner | 6:15pm Forum
Upcoming Forums

Feb. 20 | Drop-In Theme Circle

All are welcome to attend this theme circle where we will discuss February's theme: Compassion—the practice of crossing borders.

Feb. 27 | Why It's So Hard for White People to Talk About Race (Rescheduled from Jan. 31)

Join Victoria Safford for an introduction to the latest work by Professor Robin DiAngelo on dismantling white supremacy. Our Board of Directors is reading her new book this year, *White Fragility*. DiAngelo's particular interest is white, well-meaning, well-educated liberals (ouch!). Come learn why we find her work transformative.

Mar. 6 | First Wednesday Vespers

Join Rev. Sara Goodman for a contemplative worship experience on the monthly theme of Spirit: The Practice of Breathing.

Music and Arts

**WBUUC Artists,
Photographers,
& Writers**
**We Need Your Work for
Show Your Soul!**

Show Your Soul in March!

Do you have photos, drawings, or other art that speaks to the March theme of Spirit? Do you have thoughts you might explore in prose or poetry on the March Practice of Breathing? Be a contributor in our online journal! Send your work to: showyoursoul@wbuuc.org

**Current Exhibit: Now Through March 3
Andrea Martin and Vera Ming Wong**

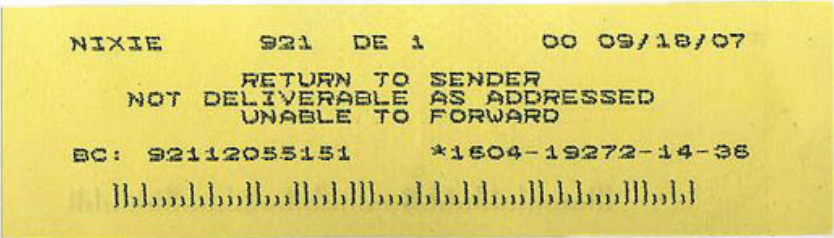
The gallery committee welcomes members to "Between the Lines" in the Atrium, illustrating natural subjects through 3D and mixed media techniques, highlighting Fine Art Paper Cutting.



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