



White
Bear
Unitarian
Universalist
Church

The MONTHLY NEWSLETTER

328 Maple Street | Mahtomedi, MN 55115 | Phone: 651.426.2369 | wbuuc.org

March 2019

Spirit – the practice of breathing

Find resources for spiritual practice at wbuuc.org/themes.



Photo by WBUUC member, Ken Stewart

To see the current issue of *Show Your Soul*, visit wbuuc.org/show-your-soul.

Breathe. For yourself. For each other. For this blink of human existence. Breathe.

– Mason Bolton

From the Minister | Rev. Victoria Safford

In this church we are all held in community, by a fabric stronger than our own thin cloaks. In this church we are held in a graceful and forgiving theological narrative that insists without exception that all are beloved. In this church we're held by each other *and* by a larger Love that will not let us go. That is the radical, heretical, saving message of Universalism. We ourselves, in human form, in mortal, messy, clumsy form, are not just the image of God, but the very shape, the actual ears, eyes, hands, beholding you and holding you when the weight of the world is too much.

In this house we uphold and we are held within a graceful, hopeful, laughing, weeping, forgiving, saving faith. These are lofty things. Esoteric.

Spiritual. They need a tangible container, sacred space, a house. The work of the spirit, when done in community, and in the real world in real time, needs a roof and a floor, with governance, bylaws, and a little light but serious bureaucracy; space for children, tables and chairs, a coffee pot and coffee; it needs salaries and benefits that are fair and that you're proud of for the staff, and lights and computers and a parking lot; sheet music for the Choir, matches for the chalice, and furnaces that work and are as green as they can be to keep the people warm.

A vibrant Unitarian Universalist congregation in this corner of the heartland in this decade of the 21st century, plus or minus 1500 people striving to serve the world

and anchor their hearts in love, in principle, in conscience, in reason and faith, and in a long, historic line of radical hope and inclusion—made as we are of flesh and blood, dreams and bones—requires brick and stone to hold it safe and house it. Think of what these walls have seen and heard and held: the *aspiration* of a people, which like *inspiration* comes from the same root word as *spirit*, which means *breath*, as ephemeral and real as wind, and different from the wind, because it's gathered here, in one strong body.

This month, when the pledge committee asks us all to make a pledge of financial support, I hope you will join me and my family in saying, *Yes. Absolutely. With gratitude and gladness. Yes. We are all in.*

From the President | In the Spirit of "All In"



Susan Miles
2018-19 President
president@wbuuc.org

Relating the March theme of "Spirit: The Practice of Breathing" to service on the WBUUC Board is easy. As a meditator for the past twelve years, I value reserving a few moments at the beginning of a Board meeting to center ourselves, letting go of the hustle and bustle of the outside world and reorienting to the place, people, and purpose of the gathering. This is how we begin each of our monthly Board meetings.

In this spirit, on a snowy night in February the Board discussed and approved the theme and communications for this year's pledge campaign, "All In." Reflecting on several UU Principles that lay the foundation for our covenants with one another, with our staff, and with our church, the Fifth Principle deserves highlighting during the upcoming pledge campaign. It holds, *The right of conscience and the use of the democratic process within our congregations and in society at large.* And, as Theodore Parker explained, "Democracy means not 'I am as good as you are,' but 'You are as good as I am.'"

Doesn't this mean that we each exercise our conscience and accept responsibility for the well-being of our spiritual home by honoring the

request that we ALL respond as best as we are able to complete and return our pledge cards in March?

Your Board is mindful of the fact that next year's operating budget reflects a commitment to treat all our staff with respect, and to move a new position that was created with a one-time gift to an ongoing line item in the budget. This year's changes continue our intention for "right staffing" of our church.

Recall how important every single vote is at election time? The same goes for pledging—every pledge counts. I am completely confident that if we achieve ALL IN, we will have no trouble fulfilling our covenant with our staff and each other that we all are as good as one another.



Nico Van Ostrand
Assistant Director of Religious Education
reassistant@wbuuc.org

The words Americans use to talk about breath are becoming more and more sterile—the studies, the statistics, the anatomical connections. Where is the space in all of this for something as abstract as “spirit”?

Working with children is incredibly rewarding work. They are hilarious and wonderful and profound. They teach and guide me as much as I teach and guide them. They contain so much power in such small containers, and it leaks out in incredible ways.

Occasionally, a tantrum. A massive outburst of emotion. A loud expression of the child’s spirit.

Sterile language describes the anxiety curve, and attaches numbers to the stages of distress. At stage two, we can redirect. Stage four and five are the height of anxiety. Paired with this analysis is the fact that when an individual rides this anxiety curve, everyone around them rides a similar—but hopefully smaller—anxiety curve.

Sterile language compacts a child’s expression of distress into a neat model.

But before I knew of the anxiety curve and its five stages, I understood

the truth of connection. Our spirits affect one another. Most of us have been in a room and witnessed the entire space change just because someone new has entered—their spirit’s stress, joy, anger, or anxiety spreads to other spirits. Simply by breathing the same air in the same space, we connect with each other so deeply that we can instantly understand the state of each others’ spirit.

I know that my spirit can affect others. I know that a screaming child is doing so because they do not know how else to express what feels so wrong inside. I know that they are screaming out for a reason. I know that my spirit’s anxiety is nothing compared to the distress their spirit must be in to prompt their body to scream and flail. I know that when a child’s spirit is crying out for help, my job is to place my spirit next to theirs and let a sense of calm spread.

“I know that when a child’s spirit is crying out for help, my job is to place my spirit next to theirs and let a sense of calm spread.”

Recently a kiddo was having a really difficult time at drop off. He was clearly distressed, and the other children in the room began commenting on his actions. I could feel myself tensing up. I could feel the kids tensing up. Our spirits were

beginning to retreat and close off from this child, who surely could sense it.

So when he and his parent stepped out for a moment to try to regain calm, I took a deep breath and simply said into the silence, “Sometimes when I’m upset, I can’t think of the right words to tell people how I feel. Sometimes all I can do is cry or make angry noises.”

And someone replied, “Yeah, sometimes I cry when my mommy drops me off at school.”

“When I fight with my friends it makes me want to scream.”

“Sometimes people don’t share right away and it makes me yell.”

I felt a tangible shift in the room. We were no longer a collection of individual spirits, holding ourselves closed against an upset child. We had suddenly become connected by shared experiences, and that connection extended outside of the room to include our distressed friend. He didn’t know it yet, but he was about to re-enter into a classroom primed to welcome him as a peer whose expression of grief or anger or anxiety was wholeheartedly accepted by every other person in the room.

Our ability to affect and be affected by other spirits is a powerful thing. We must be intentional in the kind of effects our spirits have on one another—not just in our interactions with children, but in our interactions with everyone we breathe with.

Breathe in peace.

Breathe out love.

Music | Sing! The Musical Pathway to a Long and Healthy Life!



Carol Caouette Thaxter Cunio
Principal Musician Director of Music
caouette@wbuuc.org thaxter@wbuuc.org

In a master class at MacPhail Center for Music, the great American soprano, Renee Fleming, had students breathing through a straw to concentrate and maximize deep belly breaths—so important for singing and relaxation. Visit <http://bit.ly/WolfArtofBreathing> to see what happens when we breathe.

The diaphragm is the great resisting muscle-membrane. The first step

in taking breath is the contraction of the diaphragm, downward and forward:

1) To locate the diaphragm, place the tips of the fingers at the bottom of the sternum and make the effort of blowing out a candle. The throb felt shows the location of the diaphragm.

Singing in the Choir can keep your heart and lungs healthy.

2) Take a series of breaths in imitation of the panting of a dog. This clearly shows the action of the diaphragm.

3) Take a short breath with a quick outward impulse of the diaphragm. Expel it with a quick, short, inward

impulse, using the sound of “s.” Make the practice rhythmical.

In a study of 20 members of the NYC Opera, ages 28-65 (some had smoked and some never exercised), Kathleen A. McCormick, PhD, of the National Institute on Aging’s Gerontology Research Center in Baltimore, found singers’ heart and lung function during sustained deep breathing worked more efficiently and heart rates were lower than those in a group of young (under forty) nonsingers. She recommends enthusiastic singing as one way to hold off declining heart and lung function that normally comes with age.¹

The WBUUC Choir meets Wednesdays at 6:15pm in the Sanctuary. See you there!

1. From *The Clippinger Class Method of Voice Culture* by David Alva Clippinger.

Grow Your Soul and Serve the World | Upcoming Classes and Workshops

Facing Race Discussion Group
Sunday, Mar. 3, 12:30-1:30pm
(see page 5)

The Good Place for Young Adults with Sara Goodman
Tuesdays, 7pm-8:30pm
Season 1 (13 weeks)

Come watch and discuss *The Good Place* with other young adults in their 20s and 30s. The show’s premise is “When Eleanor Shellstrop finds herself in the Good Place, it doesn’t take long for her to realize she’s there by mistake. Determined to stay, she tries to become a better person.” Join us for this weekly watch party and discussion group. We will watch one episode a week, eat pizza, and discuss the philosophical and moral implications of the episode.

Upcoming Membership Classes
Membership Class: Session 2
Sunday, Mar. 10,
12:30pm-2:30pm
in the Alcove

New to WBUUC? Join the ministers for the second of our two-part membership series. Session 2 includes an overview of the history of WBUUC and focuses on the meaning of membership and how the church can be a place that helps you grow your soul and serve the world. There is a ritual of signing the membership book and completing official church registration materials. To sign up for the class, email jgaede@wbuuc.org. Childcare available, but we must know by Mar. 3. Refreshments provided. **Next Membership 1: Sunday, Apr. 14.**

Sacred Text for Youth
Grades 9-12
Meets Monthly | 3pm-5pm
March 10, April 14, May 5

Using sacred reading practices used in the popular *Harry Potter and the Sacred Text* podcast, we will explore texts, stories, and music used in worship. Join us for conversation, snacks, and fun. Led by Victoria Safford, Jack Gaede, and Amy Peterson Derrick. Contact Amy at dre@wbuuc.org.

Sanctuary Work: Reflection-Discussion Group
Next Meeting:
Sunday, March 24, 12:30pm
(see page 5)

Facing Race & Sanctuary Church

FACING RACE UPDATE First Sundays Discussion Group March 3, 12:30-1:30pm Wheatley Room Light Refreshments served Jane Bacon and Cynthia Osmundson, hosts

Visit the *Facing Race* table in the Social Hall, sign up, and pick up the reading for March 3. This month, we will discuss an article asking hard questions about the exchange between high school students from Covington Catholic High School and demonstrators in Washington, D.C. last month. Find it online at <http://bit.ly/FacingRace3-3>.

Later this spring, consider attending the new operetta, *Octavia E. Butler's Parable of the Sower*. Written by Toshi Reagon, who *Vibe Magazine* called "one helluva rock'n'roller-coaster ride," in collaboration with Bernice Johnson Reagon, this genre-defying work features a powerhouse ensemble of 20 singers and musicians, harnessing two centuries of Black music to reveal deep insights on gender, race and the future of

human civilization. Learn more at <http://bit.ly/ButlerOperetta>.

Note: *Parable of the Sower* and *Parable of the Talents* will be featured in discussions at WBUUC on May 16 and 23 from 7 to 9pm.

SANCTUARY UPDATE

The **UU College of Social Justice** (UUCSJ) was created in 2012 as a collaboration between the Unitarian Universalist Association and the Unitarian Universalist Service Committee to inspire and sustain effective and spiritually-grounded activism for justice. UUCSJ offers immersion learning journeys, justice training programs, summer internships, and direct volunteer opportunities with partner organizations in the U.S. and abroad. All programs are designed to help people cross boundaries, gain insight, and imagine new ways to make a difference in the world.

Offerings include options for high school youth and young adults (college age through early

30s), as well as experiential learning journeys open to all adults. UUCSJ warmly welcomes participants from every faith tradition as well as those who are unaffiliated. One of our ministers, Victoria, has travelled to the southern border with UUCSJ, returning with newly informed passion for immigration justice and sanctuary work. To learn more about opportunities and upcoming journeys, visit uucsj.org.

How does our work fit into a larger context of immigration justice? Join a monthly conversation, using *Tell Me How It Ends* by Valeria Luiselli, an account of her work with child asylum-seekers. **The next conversation, open to all, will be held on Sunday, March 24.** Copies of the reading (Section III) and the book are available in the Social Hall. All are welcome, whether you've done any reading or not. Facilitator: Hope Safford hoper333@msn.com.

The Sanctuary Committee welcomes your help! Contact Kathy Mackin or Karlyn Peterson at sanctuary@wbuuc.org.

WEDNESDAY NIGHTS



Welcome Table Wednesdays
Every Week | 5:30pm Dinner | 6:15pm Forum

Join us Wednesday evenings for a delicious community dinner followed by a forum on a different topic each week. Religious Education Programming and nursery care available. The dinner is a free-will offering, but all are welcome regardless of ability to pay.

Social Justice | Beacon Interfaith Housing Forum

On the evening of Tuesday, January 29, it was 17 degrees below zero. Nevertheless, over 300 energized people from 65 congregations met at Bet Shalom in Minnetonka to stress the priority of homes for low-income and homeless Minnesotans. The event was sponsored by the Beacon Interfaith Housing Collaborative, and we attended representing WBUUC.

The core belief for this event was that by collective action, faith communities can “repair our broken world, and ensure that all people have a home.” The power of our presence, our united voices, our vision and shared values can send a loud and clear message—we need to end homelessness by first creating safe, stable, affordable housing for all. The program included interactive discussions, singing, a roll call of congregations, personal testimonials,

and a conversation with our new Governor and Lt. Governor. It was stated early on that “things change when people cry out...for justice and redemption.” Attendees reacted with great enthusiasm to various speakers whose declaration was that together, we will create homes, shelter families, impact policies, expand rental assistance, reduce barriers, further racial equality, and build or expand our congregational teams.

Governor Walz and Lt. Governor Flanagan strongly expressed their desire to support the goal of affordable housing for all, and wish to partner with Beacon and the faith communities in this effort. They intend to prioritize housing in the state budget, described by them as both a fiscal and moral document which must reflect basic human and societal values. Walz also stressed the need for a dedicated funding source

for housing for the poor, and the need for coordinated support services as part of the initiative. Walz and Flanagan agreed to meet with the Beacon congregations again before July when budgets are more clearly known, and provide updates on their efforts.

We all left the event feeling optimistic and collectively “warm” in spite of the cold evening! If you are interested in more involvement in this effort, let us know, or contact Beacon directly. We do have forms from Beacon showing ways to participate. This is a great opportunity to help others and serve the world.

- Dan Wachtler (dkwachtler@msn.com)
Ron Ofstead (poseroofstead@gmail.com)
Finding Home Task Force

Social Justice | Charity and Justice

Charity is important. When people are homeless or hungry, when natural disasters, like hurricanes and wildfires, strike, when tragedies occur, like church shootings, or when refugees seek sanctuary, it is crucial for people to respond with open hearts and financial assistance.

WBUUC members and friends give away the Sunday collection at least twice per month to food shelves and homeless shelters and other charitable organizations. We donate thousands of volunteer hours to local groups and projects every year. Thank you for all the times we have responded in a charitable manner to urgent needs.

Charity, however, often does not address underlying systemic problems that need changing. Nor does it empower those in need.

Another important action is to seek JUSTICE. Justice and equity in human relations and a goal of justice for all are the proclamations of the second and sixth UU Principles.

Justice is different from charity, and more difficult and more demanding of those who seek it. James McGinnis, one of the founders of the Institute for Peace and Justice in St. Louis, has described justice to include four elements.

(1) Sufficient Life Goods. Each person is entitled to food, shelter, clothing, health care, and other necessities required to survive. This is Economic Justice.

(2) Dignity and Esteem. Each person, indeed, each group of people, is unique, of value, and entitled to a sense of dignity. This is the first UU

Principle—to affirm and promote “the inherent worth and dignity of every person.”

(3) Public Participation. Everybody must have some power over their life and the right to shape their own destiny. “The use of the democratic process . . . in society at large” is the mainstay of the fifth Principle.

(4) Global Solidarity. We are all in this together, advocating for each other. We affirm “respect for the interdependent web of all existence of which we are a part”—the seventh Principle.

The prophet Micah said that “Yahweh requires of you only this, “Do justice, love mercy, and walk humbly with your God.” Micah 6:8.

- Al Mitchell (justice@wbuuc.org)
Social Action Committee Co-Chair

A Congregation of Generous People | Are You All In?

Many of us made a conscious decision to leave our parents' church and search for something that fit us better. What an interesting characteristic for a community! In the church we grew up in, the commonality was a core set of beliefs. Here it is the process of having left, searched, found a place that fit and decided to stay.

We left for different reasons but we stay for many of the same reasons. Sunday services unlike the ones we grew up with: challenging, contemporary, tugging at us to be our best selves. An RE program that encourages our children to develop compassion and think for themselves. Robust social justice efforts. No wonder we stay.

And once a year in March, we ask you to consider increasing your pledge to pay for it all. Recently, the Board hired a second minister and a Director of Congregational Community to strengthen our programs and broaden our ministry. We were able to accomplish this thanks to special gifts earmarked for new staff. Now it is time to shift compensation costs to the general operating budget so this good work can continue. This is responsible staffing for a congregation of our size.

And this year the Board has secured a Matching Grants Fund: increases of \$360 over last year's pledge will be matched. If you didn't pledge last year, your pledge of \$360 will be doubled. And if you pledged \$500 or

\$1,000 and increase your pledge by \$360, that additional \$360 will be matched until the funds are gone. So get your pledge card in early and get that match!

-Steve Kahn
2018-19 Pledge Co-Chair



Our congregation is supported financially by the deliberate generosity of members and friends. To learn more and to contribute, visit www.wbuuc.org/pledge.

Service Opportunities | Get Involved at WBUUC



Jack Gaede

Director of Congregational Community
jgaede@wbuuc.org, 651-426-2369 x. 110

Are you looking for ways to get more involved at WBUUC? Do you want more ways to connect with others? Our Director of Congregational Community, Jack Gaede, wants to speak with you. Share your passions and strengths with him and he can help you find a service opportunity that will be life-giving—not just one more task on the to-do list. Contact Jack if any of the opportunities in the box appeal to you, or if you are thinking of other possibilities.

- ◆ Sunday morning welcome team (monthly or sub list)
- ◆ Wednesday evening welcome team (monthly or sub list)
- ◆ Wednesday Evening Cooking team (monthly)
- ◆ Saturday Morning Cookie Baking (monthly)
- ◆ Front office volunteer (weekly or sub list)
- ◆ Sunday morning behind-the-scenes support team (monthly)
- ◆ Religious Education (RE) Teacher (semester segments)
- ◆ Coming of Age (COA) mentor (2019-2020 program starts in September)
- ◆ Land Stewardship Committee (committee work or work days)
- ◆ Project Home Planning Team (2019 Team will meet in April)
- ◆ Project Home Volunteer (Multiple shifts in Sep 2019 need coverage)
- ◆ Sanctuary Project volunteer (on an as-needed basis)
- ◆ Memorial Services Reception Team (on an as-needed basis)
- ◆ Ordination/Installation Planning Team (March-May 2019)

A Month of Sundays

Sunday Services at 9am and 11am

March 3 | All In

Reverend Victoria Safford
Music from the Choir and Mary Duncan

March 10 | 5, 4, 3, 2, 1

Reverend Victoria Safford
Music from The OK Factor and Mary Duncan

March 17 | Hurry Up and Slow Down

Reverend Sara Goodman
Music from the Choir and Carol Caouette

March 24 | Immortal, Invisible

Reverend Victoria Safford
Carol Caouette with Roxy Cruz, congregational singing

March 31 | sPiRiT

The WBUUC Youth
Each year, our high school youth lead our congregation in worship with songs, stories, and reflections. This year, they share their take on this month's theme:
Spirit: The Practice of Breathing.

Welcome Table Wednesdays

Every Week | 5:30pm Dinner | 6:15pm Forum

March 6 | First Wednesday Vespers

Join Rev. Sara Goodman for a contemplative worship experience on the monthly theme of Spirit: The Practice of Breathing.

March 13 | Energy Storage Systems

We have invited Aaron Hanson of the "UMN Energy Transition Lab"; they are working on "energy storage systems" with local utilities and the MN Legislature. Energy Storage will improve utilization of renewable energy sources, such as solar gardens and wind turbines. Sponsored by the Global Climate Change Committee.

March 20 | Drop-In Theme Circle

Theme Circles are gatherings of adults to have deep conversations about the monthly themes. This Theme Circle is designed for members to drop-in when they are available to participate. We'd love for you to join us!

March 27 | Exploring Religions: Introduction to (Some) Eastern Religions

Come learn about the basic philosophy and practices of three of the major religions practiced in India and Asia—Hinduism, Buddhism, and Taoism.



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February 2019



To contact Monthly contributors, or for general information: monthly@wbuuc.org.

March

2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---------------------|-----------------------------------|
| | | | | | 1 Church Closed | 2 |
| 3 9am & 11am Worship Service 9am & 11am Religious Education 10am Sitting Meditation 12:30pm Facing Race 12:30pm Spanish Class | 4 10am Shamanic Drumming | 5 12:30pm Men's Groups 7pm Adult Children of Alcoholics 7pm The Good Place for Young Adults 7pm WomenSpirit Group | 6 5:30pm Wednesday Night Dinner 6:15pm RE Programming for Children and Youth 6:15pm Wednesday Night Forum 6:15pm Choir Rehearsal 6:30pm Sandwich Squad 7:15pm Board Meeting 7:30pm Endowment Committee | 7 1:30pm Women in Transition 4:30pm Land Stewardship Committee | 8 Church Closed | 9 9am Cookie Bake |
| 10 Daylight Savings Time Begins 9am & 11am Worship Service 9am & 11am Religious Education 10am Sitting Meditation 12:30pm Membership 2 12:30pm Spanish Class 3pm Sacred Text for Youth 5pm Men's Group Potluck | 11 12pm Second Monday Discussion Group 5pm Building Advisory Group 7pm Women's Book Group | 12 6:30pm Nominations and Leadership Development Committee 7pm The Good Place for Young Adults 7pm Men's Group 7pm Adult Children of Alcoholics | 13 5:30pm Wednesday Night Dinner 6:15pm RE Programming for Children and Youth 6:15pm Wednesday Night Forum 6:15pm Choir Rehearsal 6:15pm Parents' Group 7:30pm Social Action Committee | 14 6:30pm RE Committee 7pm What Makes a Minister? Panel Conversation | 15 Church Closed | 16 |
| 17 9am & 11am Worship Service 9am & 11am Religious Education 10am Sitting Meditation 12:30pm Spanish Class 12:30pm Theme Circle 12:30pm Youth Adult Committee | 18 10am Theme Circle | 19 12:30pm Men's Group 1pm Theme Circle 7pm The Good Place for Young Adults 7pm Shamanic Drumming 7pm Adult Children of Alcoholics | 20 5:30pm Wednesday Night Dinner 5:30pm Freedom Seder Planning Meeting 6:15pm RE Programming for Children and Youth 6:15pm Wednesday Night Forum 6:15pm Choir Rehearsal 6:15pm Theme Circle Express 7pm Financial Oversight Committee 7:30pm Worship Advisory Council | 21 11am Third Thursday 60+ Group | 22 Church Closed | 23 |
| 24 9am & 11am Worship Service 9am & 11am Religious Education 10am Sitting Meditation 12:30pm Spanish Class 12:30pm Immigration Discussion: Tell Me How It Ends | 25 | 26 7pm Adult Children of Alcoholics 7pm Men's Group 7pm The Good Place for Young Adults | 27 5:30pm Wednesday Night Dinner 6:15pm RE Programming for Children and Youth 6:15pm Wednesday Night Forum 6:15pm Choir Rehearsal | 28 4pm Pastoral Care Companions | 29 Church Closed | 30 5pm Youth Service Rehearsal |
| 31 9am & 11am Worship Service 9am & 11am Religious Education 10am Sitting Meditation 12:30pm Spanish Class | Visit www.wbuuc.org/calendar for the most current information. | | | | | |

WBUUC BY THE NUMBERS: *What is the budget for WBUUC?*

$$\$900,000 + \$96,500 = \$996,500$$

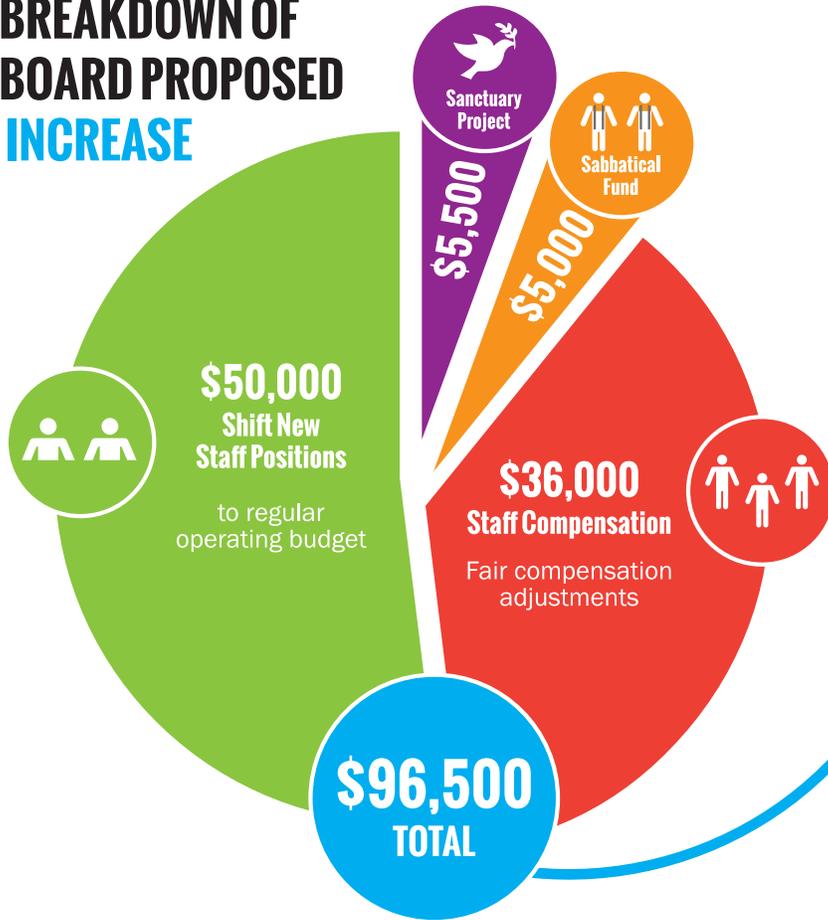
BUDGET FOR CURRENT YEAR (July 1, 2018 - June 30, 2019)

BOARD PROPOSED INCREASE FOR NEXT YEAR (July 1, 2019 - June 30, 2020)

TOTAL RECOMMENDED BUDGET FOR NEXT YEAR (July 1, 2019 - June 30, 2020)

Where is the money going?

BREAKDOWN OF BOARD PROPOSED INCREASE



How can we meet this goal?

If every household that can afford to increase their pledge by \$30 per month (\$1.00 per day), we will meet the Board's goal!

| 2018-19 Pledge Level: | Suggested Pledge Level: |
|-----------------------|-------------------------|
| \$0 | \$360 |
| \$500 | \$860 |
| \$1,000 | \$1,360 |
| \$2,000 | \$2,360 |
| \$3,000 | \$3,360 |

An added bonus this year!

Giving Times Two! Matching Grant Fund

Households who increase their pledge by \$360 will have their \$360 increase matched!

First-time pledges will be given priority until all the funds have been allocated!



Questions? office@wbuuc.org or (651) 426-2369 | *Pledge today!* wbuuc.org/pledge